

A Report on
“National Sports Day-Khelo India Dialogue – 2026”
Organized by NSS CELL on 27-08-2026



Report Submitted by: **Mr. Pujari Rajesh, NSS Programme Officer**
Attendance: **80 participants**

Introduction:

On **27-08-2026**, the **NSS Unit of MITS, Madanapalle**, in association with **MY Bharat, Annamayya**, organized the **National Sports Day – Khelo India Dialogue – 2026** programme at **Seminar Hall-B, MITS campus**, at **9:30 AM**. The programme was organized under the theme “**Khel Ki Baat PM Modi Ke Sath**” with the objective of promoting sports, physical fitness, discipline, teamwork, and a healthy lifestyle among students. The event also aimed to create awareness about the importance of sports in youth development and the role of young people in strengthening India's sporting culture.

The programme highlighted the vision of **Khelo India** in encouraging youth participation in sports and providing opportunities for students to develop sporting skills and maintain an active lifestyle. The event encouraged students to understand that sports contribute not only to physical fitness but also to confidence, leadership, discipline, and overall personality development.

Event Process:

The programme commenced at **9:30 AM** with the gathering of NSS volunteers and students at **Seminar Hall-B** of the MITS campus. The organizers welcomed the participants and introduced the significance of **National Sports Day**, which is observed to recognize the importance of sports and fitness in the lives of citizens.

The participants were briefed about the **Khelo India initiative** and its objective of promoting sports among children and youth across the country. The organizers explained how participation in sports can help students develop discipline, teamwork, leadership qualities, confidence, and a spirit of healthy competition.



The programme focused on the “**Khel Ki Baat PM Modi Ke Sath**” dialogue, providing participants with an opportunity to engage with the message and discussions surrounding India's sporting development. The importance of encouraging young athletes and creating a strong sporting culture among students was emphasized.

During the programme, students were encouraged to actively participate in sports and physical activities as part of their daily routine. The speakers and organizers highlighted that regular physical activity helps improve physical fitness, mental well-being, concentration, and overall quality of life.



The session also emphasized the role of **youth in promoting sports and fitness**. NSS volunteers and students were motivated to encourage their friends, families, and communities to participate in sports and adopt healthier lifestyles. The values of discipline, dedication, teamwork, perseverance, and sportsmanship were highlighted throughout the programme.

An interactive atmosphere was maintained during the event, allowing students to engage with the theme and understand the importance of sports in personal and national development. The programme concluded with an encouragement to students to make sports and fitness an integral part of their daily lives.

Conclusion:

The **National Sports Day – Khelo India Dialogue – 2026**, conducted on **27-08-2026** at **MITS, Madanapalle**, was a meaningful initiative to promote awareness about the importance of sports, physical fitness, and healthy living among students. The programme helped participants understand the positive impact of sports on physical, mental, and social development.

The event successfully promoted the values of **discipline, teamwork, leadership, perseverance, and sportsmanship** and encouraged students to take an active role in sports and fitness activities. The programme concluded on an inspiring note, motivating the youth to embrace sports as an important part of their lives and contribute towards building a **healthier, fitter, and more active India**.